

## Chapter 5 Adulthood and Old Age

### Vocabulary:

- menopause
- decremental model of aging
- Alzheimer's disease
- generativity
- ageism
- thanatology
- stagnation
- senile dementia
- hospice

1. List the physical changes people go through as they age. Include health problems, menopause, marriage and divorce, and sexual behavior.
2. What are the cognitive changes people go through?
3. Describe Levinson's Theory of Male Development. Describe each of the five stages.
3. Describe the "empty nest" syndrome and explain why depression is common in middle age women.
4. What attitudes do people have towards aging?
5. What health changes do people experience as they age?
6. What transitions do people experience as they age?
7. What misconceptions do people have about the sexuality of older people?
8. What changes do the elderly face as they adjust to old age?
9. Describe the mental functioning changes the elderly face. Be sure to describe Senile Dementia and Alzheimer's Disease.
10. Describe the stages of dying. What is the purpose of Hospices?

Read all the caption and text boxes.

Pay attention to any people mentioned.